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October 10, 2025

Oxford County Council  
Oxford County Administration Building  
21 Reeve Street  
PO Box 1614  
Woodstock, ON N4S 7Y3

Dear Warden Ryan and Members of Council,

On behalf of Southwestern Public Health, we are requesting a delegation at an upcoming meeting of Oxford County Council to introduce the *Intervention for Health Enhancement And Living (iHEAL)* program, a new and evidence-based service supporting women who have experienced intimate partner violence (IPV) in our region.

Developed by a national team of nurse researchers, iHEAL fills a critical gap in care by offering six to seven months of one-on-one, women-led support with a specially trained Public Health Nurse. Rather than a crisis service, this is a structured approach that helps clients develop and strengthen their sense of safety, stability, and wellbeing.

The delegation will provide:

- A brief overview of the iHEAL program and its core components;
- Key messaging we are sharing to promote awareness and encourage participation; and
- Ways that municipalities can help connect residents who may benefit from this service.

This program represents an important step forward in addressing the needs of a vulnerable population in our growing communities. We welcome the chance to share how it enhances community wellbeing and aligns with local priorities for health and safety.

Thank you for considering our request. Please let us know if a particular meeting date would be preferred.

Sincerely,

A handwritten signature in black ink that reads 'Cynthia St. John'.

Cynthia St. John  
Chief Executive Officer  
Southwestern Public Health